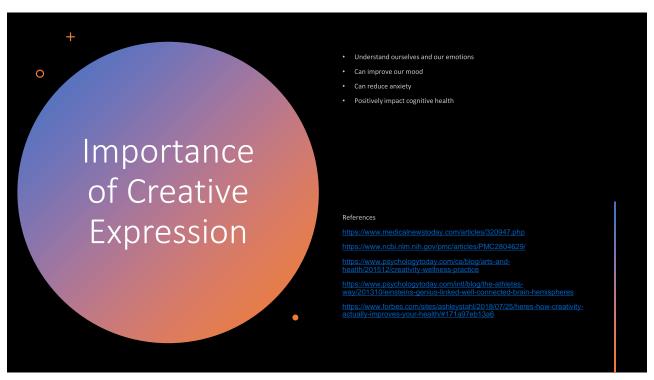
Creative-Expression in Covid Times

Racquel "Roc" Author & Poet

1

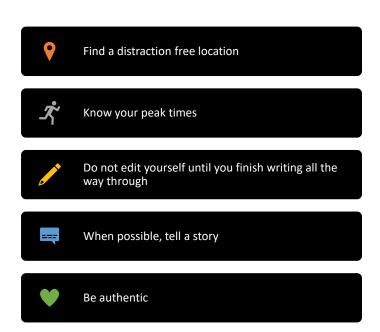




3

Writing
Exercise
Grab a pen and paper
Think about your fondest memory, who is it with? How does it make you feel? Why is this core to your identity?
How would others describe you?
What else is core to your identity? Who are you?
Example: College Student

Writing Tips:



5



Bio Poem: Example

(Line 1) Roc

(Line 2) Mother, Friend, Wife, Poet

(Line 3) Daughter of Alice

(Line 4) Who loves poetry, traveling, and laughter

(Line 5) Who feels happiness, excitement and hope

(Line 6) Who fears instability, loss, and sickness

(Line 7) Who graduated from a university.

(Line 8)Who would like to see more of the world and my children grow into great young adults.

((Line 9) Last name.

7

Option 2: I Am Poem

Option 3:AcrosticNamePoem

R eady to write, it's her greatest love.

Oneness with the stroke of pen.

<u>C</u>an't stop her when she begins writing.

<u>Or</u>

<u>R</u>espectful

<u>O</u>pen

<u>C</u>aring

9

How is this college-related?

• Self Expression-Mental Health
• ENG or Creative Writing courses
• Brainstorming option for scholarship writing to get your mind going